

HOLLIS HAPPENINGS

OCTOBER 2019

Hollis Hollies

A holiday season tradition where you may honor family and friends by purchasing a memorial tree and ornament for the Military Tree or Memorial Tree that are on display November 22 through the month of December.

Orders need to be in by Friday, November 1.
New Trees \$35 , Renewed Tree \$30,
New Ornaments \$10 Renewed Ornaments \$5.

Hollis Hollies' Tree Lighting Ceremony

Purchased a tree or enjoy the traditional spirit behind Hollis Hollies? Get ready for our annual Hollis Hollies' Tree Lighting Ceremony. The Lighting Ceremony will be Friday, November 22 at 5pm at Hollis Recreation Center.

Unity Point Wellmobile

Know your numbers and be proactive with your health! Get your blood pressure, glucose/cholesterol*, and spirometry checked for FREE. You can have medications as prescribed. (12 hr. fast required for the glucose/cholesterol testing).

At the Rec Center on Saturday, December 21st from 8am-10:30am

Holiday Memberships

This upcoming holiday season we are offering discounted memberships. For the price of 12 months of membership, you'll get 1 month free!

This offer starts November 18th, 2019 and ends January 31st, 2020.

Hollis Park District has programs and activities for children and adults. Registration dates are included in the information for each program. If you should have any questions please call the **Hollis Recreation Center @ 309.697.2944**

10107 S. Vine Street, Mapleton, IL 61547
Phone: 309.697.2944 (1) | www.hollispark.org
Visit our Facebook @ **Hollis Park District**

Staffed Hours

Mon-Thurs.....8am-8pm
Friday.....8am-4pm
Saturday.....8am-1pm

Go on our website @ www.hollispark.org to register for our newsletter. Make sure to like our Facebook page for updates on Hollis Park events.



Hollis Hollies is a beautiful tradition that honors family members for this upcoming holiday season.

Biddy Basketball

A coed basketball program for 1st & 2nd graders who will learn the basics of game, team work and fun. **VOLUNTEER COACHES NEEDED.**

Registration ended October 6th. You can still sign up until October 20th with a \$15 late fee.

Summer T-ball, Baseball, and Softball Registration

Mark your calendars for Summer T-ball, Baseball, and Softball Registration!

Registration begins in February 2020, actual date is TBA.

Santa Sing-a-long

Get ready for the Christmas spirit on December 7th, 2020. At this event, children and adults will have the opportunity to tell Santa their wishlist, make crafts, and sing Christmas Carols.

Look on *backside* for classes we offer annually!

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Aerobic Kickboxing

Join **Instructor Jim Hartman**, in this high impact, aerobic kickboxing class where you can expect a full-body workout that engages every muscle group with a focus on your core.

At the Rec Center on Wednesdays @ 4:30pm-5:30pm. Prices are \$6 (Daily), \$12.50 (Monthly | Resident), \$15 (Monthly | Non-Resident). Must be 16 yrs or older.



Yoga

Join **Instructor Gayle Carrillo**, in exploring the many benefits of Yoga tailored to fit you. Enjoy relaxation, rejuvenation healing, and strengthening all in one. No prior experience required. No equipment necessary but dress comfortably.

At the Butler Haynes Pavilion on Mondays & Wednesdays @ 7pm-8pm. Prices are \$6 (Daily), \$25 (Monthly | Resident), \$30 (Monthly | Non-Resident).

Shotokan Karate

Join **Instructor Jim Hartman, 6th degree Black Belt**, in improving your physical and mental strength, health and fitness, stress management, and self-esteem.

At the Rec Center on Mondays & Wednesdays @ 6pm-8pm. Prices are \$6 (Daily), \$25 (Monthly | Resident), \$30 (Monthly | Non-Resident).



Jiu-Jitsu

Join **Instructor David Bleeker, Black Belt**, in an ancient form of martial arts from which Judo and Brazilian Jiu-Jitsu have evolved. The art involves throws, submission maneuvers, and ground play.

At the Rec Center on Mondays & Wednesdays @ 6:30pm-8pm. Prices are \$6 (Daily), \$25 (Monthly | Resident), \$30 (Monthly | Non-Resident). Must be 18 yrs or older.

Community Coffee

Join us for a cup of coffee or tea and visit with your community! Work on the community puzzle, watch TV, read the paper and socialize with your neighbors.

Every Wednesday at the Rec Center from 9am-12pm.



Judo

Join **Instructor George Weers, Black Belt**, in Judo classes that offer fitness, fun, and self-confidence. Participants will develop basic principles of coordination, balance, falling safely, and techniques.

At the Rec Center on Tuesdays & Thursdays @ 6:30pm-8pm for adults and kids. 8am-9am for competitive practice. Prices are \$6 (Daily), \$25 (Monthly | Resident), \$30 (Monthly | Non-Resident).

Open Pickleball

Open Pickleball is here! Come join us for this low impact exercise for all ages. We have paddles and balls available. It's easy to learn and fun to play!

At the Rec Center on Tuesday & Thursdays @ 10am-12pm. Prices are \$2 (Daily) and FREE to members.

Senior Potluck

Come join us each month for food, stories, and BINGO. The park district provides the main dish and we ask that everyone bring a side to share.

At Butler Haynes Pavilion on Oct. 30th & Nov. 20th from 12pm-2pm. FREE for anyone 55 yrs and older.