# HOLLIS HAPPENINGS

## **MARCH 2020**

### **UnityPoint Health Wellmobile**

Know your numbers and be proactive with your health! Get your bloodpressure, glucose/cholesterol\*, and spirometry checked for FREE.

\*12 hr fast required for glucose and cholesterol testing

The UnityPoint Health Wellmobile will be at the Rec Center on March 21st from 8am-10:30am.

# **Hunter Safety Class**

Randy Lox will be hosting a FREE Hunter Safety Course. Must be at least 8 years old to take course. Both sessions must be attended to receive your certificate. Only 50 seats are available this year. Please call Hollis Park District at 309.697.2929 (press 1) to be placed on the attendance list.

Friday, June 12th, 6-10pm @ Butler Haynes Pavilion. Saturday, June 13th, 9am–3pm @ Butler Haynes Pavilion. FREE to attend.

## **BATTER UP!**

Registration for T-ball, Baseball and Softball are February 17th and going through the 29th. There will be a late fee of \$15 from March 1st until the 29th.

For more information regarding T-ball, Baseball, and Softball look at our flyers in the Rec Center. OR you can stay up to date with our facebook page or our website @ www.hollispark.org.

Look on backside for classes we offer annually! **Hollis Park District** has programs and activities for children and adults. Registration dates are included in the information for each program. If you should have any questions please call the Hollis Recreation Center @ 309.697.2944

10107 S. Vine Street, Mapleton, IL 61547 **Phone:** 309.697.2944 (1) | www.hollispark.org Visit our Facebook @ **Hollis Park District** 

Staffed Hours	
Mon-Thurs	8am-8pm
Friday	8am-4pm
Saturday	8am-1pm

Go on our website @ www.hollispark.org to register for our newsletter. Make sure to like our Facebook page for updates on Hollis Park events.



Pre-register yourself online to make purchasing permit easier!

# **GETCHA FISHING PERMITS**

Reed City Park and Lake will be open for fishing starting April 1st. All fishermen need to have a valid State of Illinois Fishing license AND a permit issued by Hollis Park District. Please visit the Hollis Recreation Center for the rules and regulations and to purchase your permit. Permit sales being March 16th. *Proof of Residency Required. Fishing allowed on Wednesday for seniors and Friday through Sunday for others.* 

Fishing Permits are FREE for Residents. \$75 for Non-Resident, \$125 for Non-Resident couple. \$50 for Seniors and Veterans (55+ or Vets or IL Class 2 Disability). \$75 for Non-Resident Senior Couples. Guest passes are \$25 for the weekend, Daily permits are \$10 for adults, and \$5 for seniors.

# ArcLight Spring Workshop

The workshop will focus on developing performing skills for the stage. Pre-Register by March 20th: \$15. Register at the Door: \$20.

The workshop will be held on March 21st from 1-3pm at Hollis Recreation Center. Ages 7–16 years old are welcome to join workshop.

### **Easter Egg Hunt**

Easter is approaching, so mark your calendars for Hollis Park Districts Easter Egg Hunt this year!

The Easter egg hunt will be at Butler Haynes Pavilion on April 4th, from 9am-10am. The age groups for the hunt are Preschool, K-1st, and 2nd-3rd.



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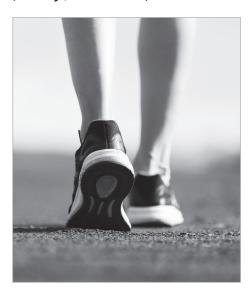
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### Yoga

Join Instructor Gayle Carrillo, in exploring the many benefits of Yoga tailored to fit you. Enjoy relaxation, rejuvenation healing, and strengthening all in one. No prior experience required. No equipment necessary but dress comfortably.

At the Butler Haynes Pavilion on Mondays & Wednesdays @ 7pm-8pm. Prices are \$6 (Daily), \$25 (Monthly | Resident), \$30 (Monthly | Non-Resident).



### **New Registration System**

Hollis Park District has gotten a new software program, that will allow you to register for activities or create rentals in the comfort of your own home! Please go to HollisParkDistrict.com and click on the Create New Account Link to open your account.

We look forward to enjoying this enhanced registration experience with you!

### **Shotokan Karate**

Join Instructor Jim Hartman, 6th degree Black Belt, in improving your physical and mental strength, health and fitness, stress management, and self-esteem.

At the Rec Center on Mondays & Wednesdays @ 6pm-8pm. Prices are \$6 (Daily), \$25 (Monthly | Resident), \$30 (Monthly | Non-Resident).

### Jiu-Jitsu

Join Instructor David Bleeker, Black Belt, in an ancient form of martial arts from which Judo and Brazilian Jiu-Jitsu have evolved. The art involves throws, submission maneuvers, and ground play.

At the Rec Center on Mondays & Wednesdays @ 6:30pm-8pm. Prices are \$6 (Daily), \$25 (Monthly | Resident), \$30 (Monthly | Non-Resident). Must be 18 yrs or older.

### **Community Coffee**

Join us for a cup of coffee or tea and visit with your community! Work on the community puzzle, watch TV, read the paper and socialize with your neighbors.

Every Wednesday at the Rec Center from 9am-12pm.





### Judo

Join Instructor George Weers, Black Belt, in Judo classes that offer fitness, fun, and self-confidence. Participants will develop basic principles of coordination, balance, falling safely, and techniques.

At the Rec Center on Tuesdays & Thursdays @ 6:30pm-8pm for adults and kids. 8am-9am for competitive practice. Prices are \$6 (Daily), \$25 (Monthly | Resident), \$30 (Monthly | Non-Resident).

### **Senior Potluck**

Come join us each month for food, stories, and BINGO. The park district provides the main dish and we ask that everyone bring a side to share.

At Butler Haynes Pavilion on March 25th from 12pm-2pm. FREE for anyone 55 yrs and older.

