



Hollis Park District  
Parks and Recreational Services

# 2019 Unity Point Health Wellmobile

Hollis Park District's Recreation Center welcomes you to join us for **free** Blood Pressure, Cholesterol, and Spirometry with our upcoming Unity Point Health Wellmobile visits. Know your numbers and be proactive with your health!

Blood glucose (sugar), cholesterol, blood pressure, and spirometry are included in these screenings. These screenings are **free** and open to the public.

***No appointment is necessary - it is a first-come, first-served basis.***

Screenings do not begin until time indicated.

**Requirements:** An 8-12 hour fast is required for the cholesterol/glucose portion of the screening. It is recommended to drink 16oz of water prior to your screening. Take medications as prescribed.

**Dates:** Saturday, March 16, 2019  
Saturday, June 15, 2019  
Saturday, September 21, 2019  
Saturday, December 21, 2019

**Times:** 8:00am -10:30 am

**Location:** Hollis Recreation Center  
10107 S. Vine St. Mapleton, IL.

**Phone:** 697-2929

**Cost:** ***Free***




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## ***Hollis Recreation Center***

10107 S. Vine Street  
Mapleton, IL 61547  
Phone: 309-697-2929

Website: [www.hollispark.org](http://www.hollispark.org)

 **Facebook:** *Hollis Park District*

## ***Staffed Hours***

Monday – Thursday	8:00am – 8:00pm
Friday	8:00am – 4:00pm
Saturday	8:00am – 1:00pm