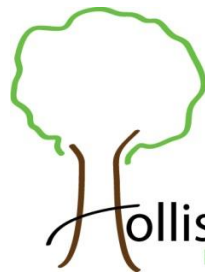


Hollis Happenings February Programs 2019



Hollis Park District
Parks and Recreational Services



Hollis Recreation Center
10107 S. Vine Street
Mapleton, IL 61547
(309) 697-2929
Web: www.hollispark.org

Hollis Park District has programs and activities for children and adults. Registration dates are included in the information for each program. If you should have any questions please call the **Hollis Recreation Center** at 697-2929 or stop by the office during office hours:

Monday – Thursday 8:00am-8:00pm
Friday 8:00am-4:00pm
Saturday 8:00am-1:00pm

Open Pickleball

Open Pickleball is here! Low impact exercise for all ages. Come join in the fun. We have paddles and balls available. Easy to learn and fun to play.

Days: Tuesdays and Thursdays

Time: 10:00am – Noon

Location: Hollis Recreation Center-Gym

Cost: \$2 per person *Free to members!*



Senior Potluck

Come join us each month for food, stories and Bingo. The park district provides the main dish and we ask that everyone bring a dish to share.

Ages: 55 yrs. and over

Dates: February 27th & March 27th

Days: Wednesday

Times: Noon – 2:00pm

Location: Butler Haynes Pavilion



Community Coffee



Join us each Wednesday for a cup of coffee, visit with friends, read the paper, work on the puzzle or watch TV.

Days: Wednesday

Times: 9:00am – Noon

Location: Hollis Recreation Center

Remember to like our Facebook page at Hollis Park District to receive information on programs, special events, membership, and possible closings due to weather.
Or visit our website at www.hollispark.org to register for our newsletter.

Volleyball Clinic:



Register February 11-23, 2019

Late fee of \$15 added February 23

A volleyball clinic to teach kids in Kindergarten-3rd grade about volleyball drills and fundamentals.

Min: 20

Max: 30

Ages: Kindergarten – 3rd grade

Dates: March 5 – April 16, 2019

Days: Tuesday

Time: K-1st 4:30-5:00pm

2nd -3rd 5:15-6:00pm

Location: Illini Bluffs Elementary School Gym

Cost: K-1st \$30.00 resident \$35.00 non-resident

2nd -3rd \$30.00 resident \$35.00 non-resident

T-Ball, Baseball and Softball



Register for the 2019 summer season. We participate in the KVL Leagues and travel to area communities. Check our website for more information on each league.

Per Team Min: 9 players Max: 18 players

Registration: February 18-March 9, 2019

Late fee of \$15 added March 11-30.

T-Ball Co-ed 4-6yrs (As of May 1st)

Cost: \$35 resident \$40 Non Resident

Baseball Boys Ages 7-12 yrs (As of May 1st)

Leagues: Instructional -Coaches Pitch (7-8yrs)

Minor -Players Pitch (9-10yrs)

Little – Players Pitch (11-12yrs)

Cost: \$45 Resident \$50 Non Resident

Baseball Boys Ages 13-14 yrs (As of May 1st)

Cost: \$50 Resident \$55 Non Resident

Softball Girls Ages 7-12 yrs (As of Jan 1st)

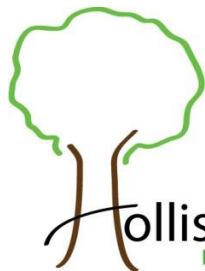
Leagues: 8 and Under -Coaches Pitch

10 and Under -Players Pitch

12 and Under- Players Pitch

Cost: \$45 Resident \$50 Non Resident

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Walk Fit

Join Nan Bontz and walk your way to better health with this low impact group exercise class for people of all ages.



Days: Monday, Wednesday, Friday
Time: 9:00-10:00am
Location: Hollis Recreation Center
Cost: Free to Members
\$2.00 Daily

New You Fitness

This class will keep you on your toes. Each class will have a variety of workouts to challenge and excite your brain and make your body sweat! This fun, energetic class will keep you coming back for more! Anyone can do it!



Instructor Allisen Dubois
Days: Monday & Wednesday
Time: 6-6:45pm
Location: Butler Haynes Pavilion
Cost: Daily \$6.00
Monthly \$23.00 Resident \$28.00 Non-Resident

**Ask about our discount if you register
for both Yoga & New You Fitness**

Yoga



Explore the many benefits of Yoga tailored to fit you. Enjoy relaxation, rejuvenation, healing and strengthening all in one. No prior experience required. No equipment necessary but dress comfortably.

Instructor: Gayle Carrillo
Days: Monday & Wednesday
Time: 7:00-8:00pm
Location: Butler Haynes Pavilion
Cost: Daily \$6.00
Monthly \$23.00 Resident \$28.00 Non-Resident

Shotokan Karate



Improve your physical & mental strength, health & fitness, stress management and self-esteem.
Instructor: Jim Hartman 5th Degree Black Belt

Days: Monday & Wednesday
Time: 6:00-8:00pm
Location: Hollis Recreation Center
Cost: Daily \$6.00
Monthly \$23.00 Resident \$28.00 Non Resident

Judo

Judo classes offer fitness, fun, and self-confidence. Participants will develop basic principles of coordination, balance, falling safely, & techniques.



Instructor: George Weers
Days: Tues & Thurs
Times: 8:00-9:00am (Competitive)
6:30-8:00pm (Adult & Kids)
Location: Hollis Recreation Center
Cost: Daily \$6.00
Monthly \$23.00 Resident \$28.00 Non-Resident

Jiu-Jitsu



An ancient form of martial arts from which Judo and Brazilian Jujitsu have evolved. The art involves throws, submission maneuvers, and ground play.

Instructor: Black Belt David Bleeker
Days: Monday & Wednesday
Time: 6:30-8:00pm
Location: Hollis Recreation Center-Gym
Cost: Daily \$6.00
Monthly \$23.00 Resident \$28.00 Non-resident

UPCOMING EVENTS

Check out the website and Facebook for the following upcoming events:

- Unity Point Wellmobile – March 16th
- Spring Acting Workshop- TBA