



Hollis Park District
Parks and Recreational Services

2020 Unity Point Health Wellmobile

Hollis Park District's Recreation Center welcomes you to join us for **free** Blood Pressure, Cholesterol, and Spirometry with our upcoming Unity Point Health Wellmobile visits. Know your numbers and be proactive with your health!

Blood glucose (sugar), cholesterol, blood pressure, and spirometry are included in these screenings. These screenings are **free** and open to the public.

No appointment is necessary - it is a first-come, first-served basis.

Screenings do not begin until time indicated.

Requirements: An 8-12 hour fast is required for the cholesterol/glucose portion of the screening. It is recommended to drink 16oz of water prior to your screening. Take medications as prescribed.

Dates: Saturday, March 21, 2020
Saturday, June 20, 2020
Saturday, September 19, 2020
Saturday, December 19, 2020

Times: 8:00am - 10:30 am

Location: Hollis Recreation Center
10107 S. Vine St. Mapleton, IL.

Phone: 697-2929


Cost: ***Free***



Hollis Recreation Center

10107 S. Vine Street
Mapleton, IL 61547
Phone: 309-697-2929

Website: www.hollispark.org

 **Facebook:** *Hollis Park District*

Staffed Hours

Monday – Thursday	8:00am – 8:00pm
Friday	8:00am – 4:00pm
Saturday	8:00am – 1:00pm